

Willow Health and Aesthetics  
Health History/Review of Systems  
Male Form

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Occupation: \_\_\_\_\_

PCP: \_\_\_\_\_ Other Providers I see: \_\_\_\_\_

General Health (circle):    Excellent    Good    Fair    Poor

Reason for Seeking Medical Attention: \_\_\_\_\_

Review of Systems: **check** any of the following symptoms you have experienced in the **past year**.

<p style="text-align: center;"><u>Constitutional</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Chills</li> <li><input type="radio"/> Fever</li> <li><input type="radio"/> Weight Gain</li> <li><input type="radio"/> Weight Loss</li> </ul>	<p style="text-align: center;"><u>Cardiovascular</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Chest Pain</li> <li><input type="radio"/> Poor Circulation</li> <li><input type="radio"/> Swelling legs</li> <li><input type="radio"/> Palpitations</li> <li><input type="radio"/> Irregular heart rhythm</li> <li><input type="radio"/> Other _____</li> </ul>	<p style="text-align: center;"><u>Reproductive</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Trouble getting an erection</li> <li><input type="radio"/> Trouble keeping an erection</li> <li><input type="radio"/> Discharge</li> <li><input type="radio"/> Other _____</li> </ul>	<p style="text-align: center;"><u>Neurological</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Dizziness</li> <li><input type="radio"/> Leg/arm numbness</li> <li><input type="radio"/> Leg/arm weakness</li> <li><input type="radio"/> Problems with walking</li> <li><input type="radio"/> Headache</li> <li><input type="radio"/> Memory loss</li> <li><input type="radio"/> Seizures</li> <li><input type="radio"/> Tremors</li> <li><input type="radio"/> Other</li> </ul>	<p style="text-align: center;"><u>Musculoskeletal</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Back pain</li> <li><input type="radio"/> Joint pain</li> <li><input type="radio"/> Joint swelling</li> <li><input type="radio"/> Muscle weakness</li> <li><input type="radio"/> Neck pain</li> <li><input type="radio"/> Other _____</li> </ul>
<p style="text-align: center;"><u>HEENT</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Hearing loss</li> <li><input type="radio"/> Pain in the head</li> <li><input type="radio"/> Nasal drainage</li> <li><input type="radio"/> Visual changes</li> <li><input type="radio"/> Allergy symptoms</li> <li><input type="radio"/> Head cold</li> </ul>	<p style="text-align: center;"><u>Gastrointestinal</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Stomach pain</li> <li><input type="radio"/> Blood in stool</li> <li><input type="radio"/> Change in stool</li> <li><input type="radio"/> Constipation</li> <li><input type="radio"/> Diarrhea</li> <li><input type="radio"/> Heartburn</li> <li><input type="radio"/> Change of appetite</li> <li><input type="radio"/> Nausea</li> <li><input type="radio"/> Vomiting</li> <li><input type="radio"/> Other _____</li> </ul>	<p style="text-align: center;"><u>Integumentary</u> (skin, hair, nails)</p> <ul style="list-style-type: none"> <li><input type="radio"/> Hair loss</li> <li><input type="radio"/> Abnormal hair growth</li> <li><input type="radio"/> Hives</li> <li><input type="radio"/> Itchiness</li> <li><input type="radio"/> Rash</li> <li><input type="radio"/> Skin lesion</li> <li><input type="radio"/> Other _____</li> </ul>	<p style="text-align: center;"><u>Psychiatric</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Anxiety</li> <li><input type="radio"/> Depression</li> <li><input type="radio"/> Trouble sleeping</li> <li><input type="radio"/> Other _____</li> </ul>	<p style="text-align: center;"><u>Hematologic/ Lymphatic</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Easy bleeding</li> <li><input type="radio"/> Easy bruising</li> <li><input type="radio"/> Swollen lymph nodes</li> <li><input type="radio"/> Other _____</li> </ul>
<p style="text-align: center;"><u>Respiratory</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Cough</li> <li><input type="radio"/> Shortness of breath</li> <li><input type="radio"/> Wheezing</li> <li><input type="radio"/> Other _____</li> </ul>	<p style="text-align: center;"><u>Genitourinary</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Burning with urination</li> <li><input type="radio"/> Blood in urine</li> <li><input type="radio"/> Lots of urine</li> <li><input type="radio"/> Frequent urination</li> <li><input type="radio"/> Urinary incontinence</li> <li><input type="radio"/> Urine retention</li> </ul>	<p style="text-align: center;"><u>Metabolic/ Endocrine</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Cold intolerance</li> <li><input type="radio"/> Heat intolerance</li> <li><input type="radio"/> Always thirsty</li> <li><input type="radio"/> Always hungry</li> <li><input type="radio"/> Other _____</li> </ul>	<p style="text-align: center;"><u>Immunologic</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Contact allergy</li> <li><input type="radio"/> Environmental allergy</li> <li><input type="radio"/> Food allergy</li> <li><input type="radio"/> Seasonal allergy</li> <li><input type="radio"/> Frequently getting sick</li> <li><input type="radio"/> Other</li> </ul>	<p style="text-align: center;"><u>Other</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> Traveled outside USA?</li> <li><input type="radio"/> Seen a Specialist MD?</li> <li><input type="radio"/> Had any hospitalizations, surgery or been to Urgent Care?</li> </ul>

\_\_\_\_\_ Reviewed with patient on \_\_\_\_\_.

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**Personal History** (please circle and date those **YOU** have had)

	<u>Date:</u>		<u>Date:</u>
AIDS/HIV Positive:		Hernia	
Anemia		High Blood Pressure	
Angina/Heart Pain		Kidney Disease or Stones	
Arthritis or Rheumatism		Liver Disease	
Asthma or Hay Fever		Lung Disease	
Bladder or Prostate Trouble		Mental Illness	
Blood Transfusion		Migraine Headache	
Bone Disease		Paralysis	
Cancer:		Pneumonia	
Cholesterol/Triglyceride Problem		Polio	
Chronic Bronchitis		Polyyps, Colon	
Colitis or Bowel Disease		Phlebitis (Clot)	
Diabetes		Scarlett Fever	
Eating Disorder		Seizures/Convulsions	
Emotional Disorder		Skin Trouble/Disease	
Eye Disease or Glaucoma		Stroke	
Gall Bladder Disease		Thyroid Disease	
Gout		Tonsils Removed (Age)	
Heart Disease		Tuberculosis	
Head Injury		Ulcers	
Hepatitis:		Urinary Tract Infection	
Other:			

**Please indicate if you had vaccine or virus and when**

Measles: \_\_\_\_\_ Mumps: \_\_\_\_\_ Rubella: \_\_\_\_\_  
Chicken Pox: \_\_\_\_\_ Rheumatic Fever: \_\_\_\_\_

**Preventative Care/Immunizations History (please *date* those you have had with the most current)**

Diphtheria/Pertussis Tetanus: \_\_\_\_\_ Flu: \_\_\_\_\_ Pneumonia: \_\_\_\_\_  
Shingles: \_\_\_\_\_ Meningitis: \_\_\_\_\_ Labs: \_\_\_\_\_ Colonoscopy: \_\_\_\_\_  
Bone Density: \_\_\_\_\_ Prostate Check: \_\_\_\_\_

Decrease or increase in sexual desire? Y / N      Sexual Orientation: G L B T Q Hetero

Activity Level: Low      Low/Med      Medium      Med/High      High

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**Medicines: (include Non-Prescription Drugs, Herbs and Vitamins)**

Current Medication	Size/Dose	How you take
Allergies (medicine/food/etc.)	What was your reaction?	

**Social: Have you participated in the following?**

Alcohol	No	Yes	How Often/Much:	
Tobacco	No	Yes	How many per day:	Quit Date:
Illicit Drugs	No	Yes	How Often:	Quit Date:
Caffeine	No	Yes	How Often/Much:	
Energy Drinks	No	Yes	How Often:	
Regular Exercise	No	Yes	Minutes:	How many times per week:
Weight:	Current:		1 year ago:	5 years ago:

Are there any cultural or personal beliefs that you would like me to know about?

\_\_\_\_\_

Are you currently or have you ever been in a relationship where you were hurt, threatened or made to feel afraid? Yes / No

Who do you live with? \_\_\_\_\_ House / Apartment / Other: \_\_\_\_\_

**List any previous Hospitalizations, Chronic Illness, Surgeries, Injuries or Accidents**

(List cause or type, include Psychiatric but omit pregnancies)	<u>Year</u>

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Family History	Age	Health	Age @ Death	Cause	Has any blood relative ever had: (if yes, indicate relation and age of onset)
Father					Allergy/Asthma
Mother					Arthritis/Gout
Siblings: (m/f)					Bleeding Disorder
1					Clotting Disorder
2					Cancer
3					Colon Polyp
4					Depression
5					Diabetes
					Epilepsy/Seizures
Spouse					Glaucoma
Children: (m/f)					Heart Disease
1					Coronary Artery Disease
2					High Blood Pressure
3					Liver Disease
4					Kidney Disease
5					Mental Illness
					Alcohol/Substance Abuse
					Migraines
					Overweight
					High Cholesterol
					Stroke
					Thyroid Disease
					Osteoporosis
					Endometriosis
					Hysterectomy
					Ovarian Cysts

**Prevention/Wellness**

Would you like help with:

Weight Loss? Yes / No

Stopping Tobacco Use? Yes / No

An Exercise Program? Yes / No

Immunizations? Yes / No

Food and/or housing? Yes / No

Other: \_\_\_\_\_

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